



AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION



Physiotherapy: Join the Movement

Australian Physiotherapy Association (APA) members have been helping Australians move well and stay well for over 100 years.

Physiotherapists are qualified experts in developing and maintaining people's ability to move and function throughout their lives. With an advanced understanding of how the body moves and what keeps it from moving well, they promote wellness, mobility and independence.

As first contact practitioners, a doctor's referral is not necessary to see a physiotherapist. Physiotherapists work with, educate and customise exercise programs for people affected by a wide range of conditions and symptoms, including:

Arthritis
Repetitive strain
Neck and back pain
Headache
Cancer

Cystic fibrosis
Incontinence
Diabetes
Joint replacement
Osteoporosis

Sports injury
Pregnancy
Cerebral palsy
Stroke
Parkinson's disease



APA physiotherapists are registered by the Physiotherapy Board of Australia, have undertaken to meet the APA Code of Conduct, are expected to use the latest research in practice and often have further and/or specialist qualifications.

physiotherapy.asn.au

Join the movement at

