



Individual Worksite Assessment

In the office environment, the sustained positions and repetitive movements typical of computer work are commonly responsible for occupational overuse syndrome.

Provision of a safe and comfortable working environment has always constituted good management practice in order to maximize employee satisfaction and hence productivity. In more recent times such practice has been recognized as a necessary measure in reducing exposure to Workers Compensation claims and the lost-time associated with workplace injuries. As of the year 2000, employers are legally obliged to provide a working environment that poses no risks to the health and safety of their employees. These factors together provide powerful incentive to conduct an assessment and revision of your office environment.

PHYSIO4ALL will conduct an onsite visit and assessment of individual workstations.

This includes:

- Personal postural advice.
- Minor ergonomic adjustments to the workstation.
- Individual report on the workstation set-up with appropriate recommendations.
- Advice regarding relevant ergonomic equipment.
- Assessments done by qualified physiotherapists with background in Ergonomics

